



### **Health Risk**

While gymnastics is an individual sport there will be times when incidental contact will occur. NGPC programs are operating in a social and physical distancing environment but even with best efforts and intentions there will be times when the children will breach the prescribed (currently 6') distancing recommendations. In addition, our teaching and coaching staff will spot (physically assist) when the circumstances require it. Spotting our students and athletes is often necessary in order to teach skills safely, to help athletes perform skills correctly and to prevent injury. I understand and agree that spotting will be part of the learning process at NGPC and I agree to permit my child's coach to physically assist my child when needed. Direct assistance will also be provided in the event of an injury or to comfort them as needed. I have read over and/or viewed the video on the new COVID-19 procedures provided on the NGPC website.

### **Marketing Release**

I understand that my child's likeness may be used in Next Generation Performance Center ads, promotional videos, website material, or various other marketing & social media. These images will be used for NGPC purposes only, and will not be sold or given to outside companies or individuals.

### **Assumption of Injury Risk**

I, the minor's parent and/or guardian, understand the nature of these activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releases from all liability of the release's or otherwise, including negligent rescue operations. I further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releases names above, I will indemnify, save, and hold harmless each of the releases from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

### **Release of Liability**

I (we), despite all reasonable precautions implemented for safety, am (are) fully aware of the risks including the risk of catastrophic injury, paralysis and even death, as well as other damages and losses associated with participation in the programs or activities. I (we) knowingly and willingly assume all such risks. Consequently, I (we) hereby for myself, heirs, executors and administrators, do waive and release and all rights and claims for damages against the owner, coaches, and other members and employees of Next Generation Performance Center, Inc. from personal injury or accident of any sort or nature suffered by me (as) the undersigned, by reason of participation or membership in classes, lessons or any programs or activities of Next Generation Performance Center, Inc.

**Name of child participant:** \_\_\_\_\_

**Phone number in case of emergency:** \_\_\_\_\_

**Any medical concerns we should be aware of?** \_\_\_\_\_

**Any allergies?** \_\_\_\_\_

**Hospital you prefer?**

**Avera St. Lukes**

**Sanford**

**Parent or Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_