2026-27 NGPC School Year Clinics

Can't commit to a regular weekly class with your busy summer schedule? Want to add that extra training for a specific skill or event?

All Clinics are on Fridays from 4:00-6:00pm

DATE	CLINIC
9/11	CW/RO
9/18	FW/BW
9/25	FHS/BHS
10/2	FT/BT
10/9	Ariel
10/16	Ninja (boys only)
11/6	**Beam**
11/13	CW/RO
11/20	FW/BW
12/4	FHS/BHS
12/11	FT/BT
12/18	Ariel
1/8	Ninja (boys only)
1/15	**Bars**
1/22	CW/RO
1/29	FW/BW
2/5	FHS/BHS
2/12	FT/BT
2/19	Ariel
2/26	Ninja (boys only)
3/5	**Vault**
3/12	CW/RO
4/9	FW/BW
4/16	FHS/BHS
4/23	FT/BT
4/30	Ariel
5/7	Ninja (boys only)

Cost: $40 per 2-hour clinic. You can register for as many clinics as you want! Pay at the clinic!

Register: Register online through our website **www.nextgymnastics.com.** Go to the Open Gym & Clinic button. A calendar will appear, and you click on the above date and clinic. You will register, but payment is not needed until the time of the clinic!

Ages: Ages 5-18 with certain prerequisites for each clinic. See below. We will group kids accordingly to work with each skill level within the clinic.

Definitions: **CW/RO**- cartwheel/round-off FW**/BW**- front/back walkovers (must be able to do a handstand) **FHS/BHS**- front/back handsprings (must be able to do a handstand & walkover suggested) FT**/BT**- front/back tucks (must have prior gymnastics experience in tumbling) Ariel- beginning or advanced (must be able to do a cartwheel) Ninja- for boys only Beam**-** only beam skills Bars- only bar skills Vault- only vault skills